

## **International Yoga Day, 2023 at TCA, Dholi**

International Yoga Day 2023 was organized by Tirhut College of Agricultural, Dholi, under RPCAU, Pusa, on 21<sup>st</sup> June 2023. The program was inaugurated by the Dr. P.P. Singh, Dean, TCA, informing about the awareness and importance of Yoga in our daily life. The theme for International Day of Yoga 2023 was "Yoga for Vasudhaiva Kutumbakam", which beautifully encapsulates our collective aspiration for "One Earth, One Family, One Future ". Dr. RK Srivastava, Assistant Professor took the session very enthusiastically and instructed various yoga exercises on this occasion, faculties, staffs, students and labourers of TCA, Dholi participated in the yoga session



Glimpses of International Yoga Day

Five students of TCA, Dholi have been felicitated as the Best Yoga Performer by Dr. P. S. Pandey, Hon'ble Vice Chancellor, RPCAU, Pusa on this occasion.

